

# Gulf Coast

## EXPLORATION

With the University of South Alabama Elderhostel

Fall 2007 - Winter 2008



### *Join Us for a New Adventure...*

The University of South Alabama invites you to explore the Gulf Coast! From Mardi Gras to area studies, history, and music our staff works hard to develop new and exciting Elderhostel programs each year. As our Elderhostel guest, you will have many opportunities to participate in interesting discussions led by the area's most knowledgeable experts. Between your fact-gathering classroom sessions, join guides for field trips to local points of interest. With a delicate balance of free time and learning, you will also enjoy socializing with new friends who share your interests!

So, what are you waiting for? Slip down to the Gulf Coast and enjoy a little piece of paradise! Registration is open and we are looking forward to your visit. As always, the University of South Alabama Elderhostel guarantees quality programming and exceptional educational value at affordable prices.

# September, October, & November

## #15379AU Legacy of a Southern City: Mobile's History, Architecture and Influential Music



Discover Mobile, Alabama's port city of five flags. Explore beginnings with a noted author and archivist in captivating lectures and a field trip to historic downtown. See Mobile as the first Americans saw it and relive the journey of African-Americans, at our outstanding city museum.

Stroll through the Garden District with an architectural historian to study our unique treasury of 18th- and 19th-century homes. Visit premier museum homes, including an antebellum home and an 1860 home famous for its iron lace. Tap your toes to sounds of legendary swing, big band, and jazz as you delight in virtuoso performances, recordings, and lectures. Compare sounds, trace history, and savor the legacy of musical greats with a noted local artist.

September 30-October 5  
Mobile Center, \$519 Dbl/+ \$ 55 Sgl

## #14183AU Hurricane Recovery: Building Homes for the Gulf Coast

Guided by professional staff, work side-by-side with future homeowners as you help families on the Gulf Coast. From experienced craftsman to eager beginner, there are jobs suited to a variety of skill levels. Learn about Habitat for Humanity, its history and challenges. Meet one of Mobile's most thankful citizens as she tells how kind people helped change her life. As a bonus, explore our city's history and economy with an expert, followed by a field trip of the area. Bring your enthusiasm and willingness to lend a helping hand to this important project based in beautiful, bayside Mobile. Become an integral element in the partnership between Elderhostel, Habitat, and the University of South Alabama.



October 7-13  
October 14-20  
October 21-27  
Mobile Center, \$572 Dbl/+ \$65 Sgl

## #9237AU Sail on Mobile Bay, Explore Delta; History, Mansions, Music, And More

Spend a spectacular week exploring rich heritage of Alabama's unique coast. Enjoy afternoon sail on Mobile Bay aboard 72-foot wooden schooner. Take wheel; watch for dolphins, sea, shore birds. View historic Middle Bay Lighthouse as you cruise bay explored by Spanish, French, British. Discuss Fairhope, charming Single Tax Colony, home to noted artists, writers. Board Delta Explorer; discover one of America's largest estuaries, pristine wildlife haven. Visit Blakeley Battlefield. Field trip to view bay's impressive private homes, Mobile's antebellum mansion and 1860 mansion known for its "Iron Lace." Get in swing with instructor's virtuoso performance, recordings. Enhance appreciation, compare sounds, trace history of swing, jazz, and big bands.

October 14-19  
Fairhope, \$549 Dbl/+ \$55 Sgl

## #14106AU Fall Migration On The Alabama Coast For Novice Birders

Spectacular birding opportunities abound on Alabama's coast, a critical stopover point during the autumn migration from North to Central and South America. Expert speakers enliven this outstanding program for beginning birders. Discover a diversity of birds on a field trip to one of the top four North American locations for viewing neotropical migrations: Audubon Bird Sanctuary on Dauphin Island. At Fort Morgan peninsula, meet the nationally recognized Hummer Bird Group as they band many migrant species. Attend Alabama Birdfest's Friday evening gala including dinner, entertainment and a nationally recognized speaker. This spectacular program is a special introduction to the hobby enjoyed by 38 million Americans.



October 16-20  
Mobile Center, \$529 Dbl/+ \$45 Sgl

## **NEW!** #15382AU Yoga And Massage For Everyone, Art Of Laughter, Naval Air Museum, Fort Morgan

Relaxation Sampler: Yoga, Therapeutic Massage, Healthy Treats

Join a Yoga instructor for classes on radiant white sand beach. Energize your body with sights and sounds of the ocean. Experience a massage, learn relaxation techniques from a professional. Enjoy fruit smoothies prepared by a nutrition specialist.

*The Art of Laughter: American Humor and Comedy*  
Join a nationally acclaimed writer, comic for a class that will tickle your funny bone! Explore the changing world of humor and comedy, discuss how each reflects American life. Enjoy stories and jokes as you welcome laughter into your day!

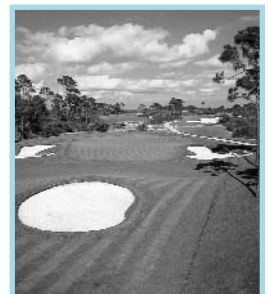
*Snapshots In History: Museum of Naval Aviation, Fort Morgan, Mobile Bay*

Explore artifacts and 140 restored aircraft on a field trip to the Navy museum. At Fort Morgan, learn about its role in War of 1812, WWI, WWII. Discover the history of Mobile Bay and Spanish, French and British explorations with a local expert.

October 28 – November 2  
Orange Beach, \$579 Dbl /+\$130 Sgl

## #15535AU Golfing At Its Best: Master Three Coastal Courses And Learn From The Pros

Enjoy a complete golf experience on three courses designed by the sport's finest. Improve your game with four days of small group instruction as Class A PGA professionals cover putting, chipping, rules, etiquette, equipment, club fitting and strategy. Take advantage of this unique opportunity to play your choice of 9 or 18 holes daily, Monday through Thursday, at exciting, challenging courses. Test your skills at Cypress Bend designed by Arnold Palmer; take a swing at Bayside Peninsula designed by Earl Stone. Enjoy a day playing at Kiva Dunes, designed by Jerry Pate and rated among the top public courses in the country by Golf Digest and Golf Week. Great local activities for non-golfers.



November 4-9  
Orange Beach, \$699 Dbl/+ \$130 Sgl



### #14353AU Hurricanes, Bellingrath Gardens, And Shrimping Industry On The Gulf Coast

*Hurricanes: Weather Phenomenon Of The U.S. Gulf Coast*  
Examine hurricanes with meteorologist. Discuss weather conditions causing hurricanes and the aftermath of these devastating storms. Learn of hurricane preparations with media, Red Cross, and other agencies. Field trip to weather forecasting center.

#### *Bellingrath Gardens And Museum Home: The History Of An American Castle*

Discover the splendor of these world-renowned gardens and stately American castle. Explore home's incomparable collections of 19th-century furnishings and Boehm porcelain. Field trip reveals lives of founders and history of estate's gardens.

#### *Shrimping On The Gulf Coast: The Importance Of These Tasty Crustaceans*

Examine importance of the shrimping industry to the local economy. Discuss gulf/bay shrimping and harvest. Take a field trip on the Sailfish, an authentic shrimp trawler, examine the catch as the captain raises the nets.

November 4-9

Mobile Center, \$539 Dbl/+ \$55 Sgl

### #10762AU Trial Of Jesus / Fairhope / Humor

*History's Most Famous Trial, Legal Or Not? A Judge Speaks, You Decide*

Was the trial of Jesus legal? What were Roman, Hebrew laws; were they followed? Compare biblical accounts of this pivotal event. Not from the heart, not from what you may or may not believe, but from laws in effect at the time, decide for yourself.

#### *Humor And Comedy American Style: What Makes Us Laugh And Why*

Explore the changing face of comedy and the structure of humor as they reflect American life and an ever-evolving political correctness. Discover unchanging elements of humor and comedy, and bring the joy of laughter to life's daily happenings.

#### *Fairhope On Beautiful Mobile Bay: History, Architecture, Jubilee! More*

Explore charming bayside utopian community and its history as Single Tax Colony. Discover its appeal to nationally known artists, writers. Delight in Jubilee! -- a unique Mobile Bay phenomenon. A field trip reveals distinctive coastal architecture.

November 11-16

Fairhope, \$529 Dbl/+ \$55 Sgl

### *Snapshot Programs - 4 Days!*

#### #15555AU The National Shrimp Festival: Arts, Crafts, Music And Food!

The National Shrimp Festival — held in the heart of Gulf Shores, Ala., next to the beautiful Gulf of Mexico — is one of America's premier outdoor festivals. Every October, more than 300 presenters offer arts and crafts, an international marketplace and, of course, shrimp. Learn about gulf/bay shrimp harvesting, the economic importance of these tasty crustaceans, and the festival's juried art and crafts. Discuss seafood preparation with a chef and take a shrimp-processing plant field trip. Best of all, whether you like your shrimp fried, grilled, broiled or steamed, you'll find it at the festival along with other delicious seafood and nonseafood dishes. As a special bonus, snap your fingers to music on three stages. Don't miss it!

October 9-12

Orange Beach, \$427 Dbl/+ \$140 Sgl

### #13587AU Coastal Christmas Splendor: Bellingrath Gardens And Historic Homes

Discover the holiday splendor of Bellingrath Gardens by day and the magic of more than 3 million lights by night. Explore the American Castle at Bellingrath with its incomparable collection of 19th-century furnishings, antiques and Boehm porcelain. Unveil the lives of the founders and fascinating history of this memorable estate. Discover Mobile's rich architecture through its treasury of preserved and restored museum homes, decorated in period Christmas grandeur. See the wealth King Cotton brought this charming coastal city. Glimpse influences of Spanish, French, British, Native Americans and Africans in architecture, furnishings and decorative arts. Field trips to museum houses and historic district are included.



November 26-29

December 3-6

Mobile Center, \$398 Dbl/+ \$36

### #13588AU Dead Sea Scrolls And The Da Vinci Code: Mystery, Intrigue, Fascination

Explore the archaeological and religious impact of the Dead Sea Scrolls, discoveries of Biblical proportions. Examine the culture of the times of their transcription and Judaism of the Essences, the people of Qumran where the scrolls were found. Learn their content and importance, how they came to be, and about their discovery. What do scholars say about Da Vinci's art, the Knights Templar, the Bible and the disputed Gospels? What do they know about the relationship between Mary Magdalene and Jesus? How does this differ from what Dan Brown's intriguing, best-selling novel "The Da Vinci Code" proposes? Discuss this controversial book and what makes it so fascinating to millions of readers. Field trip to synagogue, historic cathedrals included.

January 21-24

Mobile Center, \$359 Dbl/+ \$36 Sgl

### #14268AU Snapshot Mardi Gras In Mobile



Experience the history, pageantry and excitement of Mardi Gras ("Fat Tuesday") where it all began. Learn about Mardi Gras customs and take a guided field trip through the new Mardi Gras Museum showcasing gowns, trains and crowns of Mardi Gras Kings and Queens. See the 2008 King, Queen and their royal court arrive during Monday's beautiful Floral Parade. Then, celebrate Mardi Gras Day from a privileged vantage point in an historic hotel on the parade route (with dining in the ballroom). This full day of festivities features colorful parades morning, afternoon and evening. Enjoy marching bands and jazz bands, mounted parade units and floats created by "krewes" such as the Order of Athena, Knights of Revelry, Comic Cowboys and Order of Myths.

Feb 3-6

Mobile Center, \$405 Dbl Only

*Look for our full week and beach  
Mardi Gras programs!*

# January, February, & March

## #14643AU Secrets Of The Freemasons, Swing, Big Bands, And Jazz, Bellingrath Gardens And Home

*Freemasons: Unlock Secrets of the Not-So-Secret Society*

Explore origins of Freemasons in Europe, Egyptian symbolism, and the society's role in founding the US. Consider dollar bill, ponder significance of the all-seeing eye and number 13. Discuss lives of US leaders - Franklin, Hancock and others.



*Swing, Big Bands, Jazz: Musical Styles and Sounds to Compare and Enjoy*

Get in the swing with instructor's virtuoso performance, recordings, lectures. Enhance your appreciation of these unique musical styles. Compare the sounds, trace the history, savor the legacy of musical greats Henderson, Ellington, Goodman, more.

## *Bellingrath Gardens and Museum Home: The History of An American Castle*

Discover the splendor of these world-renowned gardens and stately American castle. Explore home's incomparable collections of 19th-century furnishings and Boehm porcelain. Field trip reveals lives of founders and history of estate's gardens.



January 13-18  
February 17-22  
March 30-April 4

Mobile Center, \$559 Dbl/+ \$60 Sgl

**NEW!**

## #15616AU Senior Bowl In The Huddle: Collegiate Stars To NFL Prospects

Follow your favorite college senior players as they prepare for their chance to shine on a national stage. View the action from the press box while practice is in session. Meet Senior Bowl committee members as they discuss the selection process, origins of the Senior Bowl, and event staging. Get in on the game day festivities as you enjoy a tailgate party and live entertainment. Head up to the stands for a pregame show featuring Mobile's ambassadors, The Azalea trail Maids. Whether you root for the North or the South, you are sure to enjoy this premier football sporting event.

January 23-27

Mobile Center, \$549 Dbl/+ \$50 Sgl



## #14321AU Historic Homes, Bellingrath Gardens And Mobile History

*Historic Homes of Mobile: Architectural Study of a Fascinating City*

Welcome to Mobile, with majestic oaks, lovely spring flowers. Discover the city's architectural history in field trips to outstanding museum homes. Architectural historian guides you through Garden District's unique treasury of 18th- and 19th-century homes.

## *Bellingrath Gardens And Museum Home: The History Of An American Castle*

Discover the splendor of these world-renowned gardens and stately American castle. Explore the home's incomparable collections of 19th-century furnishings and Boehm porcelain. Field trip reveals lives of founders and history of estate's gardens.

## *Historic Mobile: 300 Years Of History, Culture And Tradition*

Discover Mobile's rich, colorful history in lectures, field trip to newly expanded City Museum. Glimpse the past in field trips to charming antebellum museum home, Fort Conde, Replica of area's early French Fort. Explore historic downtown Mobile.

January 27-February 1

February 10-15

Mobile Center, \$589 Dbl/+ \$60 Sgl

## #15535 AU Golfing At Its Best: Master Three Coastal Courses And Learn From The Pros

Enjoy a complete golf experience on three courses designed by the sport's finest. Improve your game with four days of small group instruction as Class A PGA professionals cover putting, chipping, rules, etiquette, equipment, club fitting and strategy. Take advantage of this unique opportunity to play your choice of 9 or 18 holes daily, Monday through Thursday, at exciting, challenging courses. Test your skills at Cypress Bend designed by Arnold Palmer; take a swing at Bayside Peninsula designed by Earl Stone. Enjoy a day playing at Kiva Dunes, designed by Jerry Pate and rated among the top public courses in the country by Golf Digest and Golf Week. Great local activities for non-golfers.



January 27-February 1

February 10-15

February 24-29

Orange Beach, \$819 Dbl/+ \$190 Sgl

## #7877AU Mardi Gras And Mobile: 300 Years Of History, Tradition, And Excitement

Celebrate Mardi Gras in Mobile, where fun and frolic began. Attend Mardi Gras Day festivities in comfort of luxury hotel on parade route with private balcony, hot meals. Relax in comfort between parades in heart of it all. Explore origins, history, traditions of Carnival. Bring your "glad rags" and "dancing shoes" for a Mardi Gras Ball staged for the Elderhostel. View impressive contributions of artists who design spectacular floats, elaborate costumes. Hear masker's view of mystic societies. Delight in lively parade music, musicians. Discover Mobile's rich cultural history, includes field trip to City Museum, beautiful coastal architecture in downtown historic districts. Mardi Gras Day is exciting, active, long--an experience to remember.

February 3-8

Mobile Center, \$599 Dbl only



**#14414AU Mardi Gras In Mobile, Musical Styles And Sounds, And Humor And Comedy American Style**

*Mardi Gras Day In Mobile: History, Tradition And Spectacular Parades*

Celebrate Carnival, its origins, history and traditions. Attend colorful, exciting Mardi Gras day parades and festivities based at comfortable, landmark hotel on parade route in heart of historic downtown. Day is long, active and unforgettable.

*Humor And Comedy American Style: What Makes Us Laugh And Why*

Explore the changing face of comedy and the structure of humor as they reflect American life and an ever-evolving political correctness. Discover unchanging elements of humor and comedy, and bring the joy of laughter to life's daily happenings.

*Swing, Big Band, Jazz: Musical Styles And Sounds To Compare And Enjoy*

Get in the swing with instructor's virtuoso performance, recordings, lectures. Enhance your appreciation of these unique musical styles. Compare the sounds, trace the history, savor the legacy of musical greats Henderson, Ellington, Goodman, more.

February 3-8

Orange Beach Garden, \$659 Dbl/+ \$175Sgl

**#7243AU 5 Days 5 Scholars: History, Swing, Jazz, Famous Trial, Fairhope, Humor**

Discover rich history of Mobile Bay: explorers, Civil War, and international port. Field trip to Fort Morgan, Battle of Mobile Bay site, reveals lives of soldiers, more. Get in the swing with lively musical sounds of the 1920s. Jazz it up with the greats, including Goodman, Miller, Dorsey's, Ellington, more. Discuss history's most famous trial and decide it's legality. From laws in effect at the time, determine if Jesus' trial was fair. A judge leads the discourse. Explore Fairhope, Utopian community, Single Tax Colony, home to notable artists and writers. Field trip to Fairhope. Delight in exploration of humor and comedy as they reflect American life. Bring the joy of laughter to life's daily happenings.

February 10-15

March 9-14

Fairhope, \$579 Dbl/+ \$50 Sgl



**#15762AU Humor And Comedy American Style, The Trial Of Jesus, And Pearl Harbor And Its Aftermath**

*Humor And Comedy American Style: What Makes Us Laugh And Why?*

Explore the changing face of comedy and the structure of humor as they reflect American life and an ever-evolving political correctness. Discover unchanging elements of humor and comedy and bring the joy of laughter to life's daily happenings.

*History's Most Famous Trial, Legal Or Not? A Judge Speaks, You Decide*

Was the trial of Jesus legal? What were Roman, Hebrew laws; were they followed? Compare biblical accounts of this pivotal event. Not from the heart, not from what you may or may not believe, but from laws in effect at the time decide for yourself.

*Pearl Harbor: Surprise, Destruction, Aftermath; Compare To 9/11/01*

Explore key players, world situation prior to attack on Pearl Harbor. Discuss its planning, implementation, expected outcome. Trace chronology of attack, aftermath; America's response, resolve. Compare and contrast the terrorists' attacks of 9/11/01.

February 10-15

Orange Beach Garden, \$639 Dbl/+ \$175 Sgl

**NEW! #15382AU Yoga And Massage For Everyone, Art Of Laughter, Naval Air Museum, Fort Morgan**



*Relaxation Sampler: Yoga, Therapeutic Massage, Healthy Treats*

Join a Yoga instructor for classes on radiant white sand beach. Energize your body with sights and sounds of the ocean. Experience a massage, learn relaxation techniques from a professional. Enjoy fruit smoothies prepared by a nutrition specialist.

*The Art of Laughter: American Humor and Comedy*

Join a nationally acclaimed writer, comic for a class that will tickle your funny bone! Explore the changing world of humor and comedy, discuss how each reflects American life. Enjoy stories and jokes as you welcome laughter into your day!

*Snapshots In History: Museum of Naval Aviation, Fort Morgan, Mobile Bay*

Explore artifacts and 140 restored aircraft on a field trip to the Navy museum. At Ft. Morgan, learn about its role in War of 1812, WWI, WWII. Discover the history of Mobile Bay and Spanish, French and British explorations with a local expert.

February 17-22

March 2-7

Orange Beach, \$599 Dbl /+ \$190 Sgl

**NEW! #15763AU Our Electoral College, Pensacola Naval Air Museum, Fort Morgan, And Bay History, And Decision 2008**

*Our Electoral College: How We Elect and Have Elected Our Presidents*

Remember hanging chads, obscure ballots? Explore birth of our Electoral College, its early years, how political parties were formed, and why. Discuss beginnings of two-party system, Constitutional Convention, our most recent presidential elections.

*Pensacola Naval Air Museum, Civil War Fort Morgan, Mobile Bay History*

Experience the proud history of Navy flight on a field trip to NAS Museum. Discover history of Mobile bay explored by Spanish, French, British. With living historians, explore Civil War-era Fort Morgan, museum; its role in War of 1812, WWI, WWII.

*Decision 2008: Candidates, Issues, Primaries, More*

Assertive, ambitious, extraverted - traits of our most enduring leaders. Compare past Presidents to 2008 slate. Discuss issues, stances, attributes necessary for a successful candidate. Gather info, weigh facts...decide who fits the Presidential mold.

February 17-22

Orange Beach Garden, \$639 Dbl/+ \$175



**NEW!**

**#15711AU Fairhope's Beautiful Mobile Bay, Delta Discovery, And Healthy, Hearty And Homemade**

*Fairhope on Beautiful Mobile Bay: History, Architecture, Jubilee!*

Explore Fairhope, charming Mobile Bayside community, Single Tax Colony, rich in history. Discover its appeal to well-known artists, writers. Delight in Jubilee! unique Mobile Bay phenomenon. Field trip reveals distinctive coastal architecture.

*Delta Discovery: Explore Coastal Alabama's Amazing Mobile-Tensaw Delta*

View marsh, swamp creatures, and hardwoods by boat. Study estuaries, wildlife havens for black bears, rare turtles, osprey, bald eagles, water snakes, and game fish. Gain insight on local bays, waterways. Learn about local nuisance alligator reserve.



*Healthy, Hearty, Homemade: A Chefs Guide to Soups and Gumbo's*

Warm up with class that will make your taste buds tingle! Samples increase enjoyment as you master tricks of the trade. Learn the "trinity"-three items used in soups, gumbos. Explore ingredients, seasoning. Learn tips for convenient, single dish meal.

February 24-29  
Fairhope, \$569 Dbl/+ \$50

**#13422AU The Da Vinci Code, The Dead Sea Scrolls, And Coastal Religions**

*The Da Vinci Code: Historical Fiction Or Fictional History?*  
Explore Dan Brown's controversial best selling novel, The Da Vinci Code. Learn what scholars know about Jesus and Mary Magdalene, the Gospels excluded from the Bible, the Knights Templar, DaVinci's art, more. Discussion encouraged.

*Dead Sea Scrolls: Archaeological Discovery Of Biblical Proportions*  
Discover significance of Dead Sea Scrolls, windows into establishment of the Old Testament, Jews know as Hebrew Bible. Explore how scrolls came to be, their discovery, culture of the times of their transcription; of Essenes, Pharisees and Saducees.

*Coastal Religions: Diversity Of Historic Seaport City's Sacred Sects*  
Discover surprising diversity and importance of religious practice in this culturally rich area. Explore tenets and beliefs of main-line Protestant sects, Judaism, Catholicism, Islam and more. Field trip to treasury of noteworthy houses of worship.

February 24-29  
Mobile Center, \$559 Dbl/+ \$60 Sgl



**#13430AU Gulf Beaches, Wetlands And Barrier Islands, Musical Styles And Sounds, And Our U.S. Constitution**

*Gulf Beaches, Wetlands And Barrier Islands: Alabama's Treasures*

Take off your shoes. Explore beautiful, sparkling, sugar-white sands from wave zone to dunes. Discuss beach development, erosion, land forms, wetlands, long-shore currents, and barrier islands. Inspect flora, fauna; hurricanes and storms effects.

*Swing, Big Band, Jazz: Musical Styles And Sounds To Compare And Enjoy*

Get in the swing with instructor's virtuoso performance, recordings, lectures. Enhance your appreciation of unique musical styles. Compare the sounds, trace the history, savor the legacy of musical greats Henderson, Ellington, Goodman, more.

*Our U.S. Constitution: Who Decides What It Says And What It Means?*

Prepare for surprises as you explore our U.S. Constitution from beginning to present. Discuss the changes it has wrought. Examine what makes our laws function now and for the past 200 years. See how close we came to not having this powerful document.

March 2-7  
Orange Beach Garden, \$639 Dbl/+ \$175 Sgl

**#7426AU Blooming Mobile: Festival Of Flowers, Bellingrath Gardens And Home, Historic Houses**

Experience springtime at its best! Attend Gulf Coast's premier flower and garden event, the annual Festival of Flowers--over 100,000 square feet of landscape gardens, thousands of breathtaking blossoms under tent and sky. Explore the history of Bellingrath's America's castle with its renowned gardens! Revel in incomparable collections of 19th-century furnishings and Boehm porcelain. Study lives of founders; story of estate. Discover Mobile's rich cultural heritage in the graciousness and charm of its notable architecture. Explore a treasury of preserved, restored homes graced with magnificent azaleas, shaded verandas, majestic oaks, and myriad spring flowers.



March 2-7  
Mobile Center, \$599 Dbl/+ \$60 Sgl

**#13439AU Mobile's Treasury Of Private Homes, Bellingrath Gardens, And Humor And Comedy American Style**

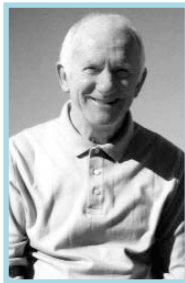
*Mobile's Treasury of Private Homes: 300 Years of Architectural History*  
Welcome to Mobile's loveliest historic homes! Treasure this unique opportunity to explore city's architectural history in field trips to some of its outstanding private homes. Trace diverse cultural legacy. Walking, climbing steps on field trips.

*Bellingrath Gardens And Museum Home: The History Of An American Castle*  
Discover the splendor of these world-renowned gardens and stately American castle. Explore home's incomparable collections of 19th-century furnishings and Boehm porcelain. Field trip reveals lives of founders and history of estate's gardens.

(Continued on page 6...)



*Humor And Comedy American Style: What Makes Us Laugh And Why*  
Explore the changing face of comedy and the structure of humor as they reflect American life and an ever-evolving political correctness. Discover unchanging elements of humor and comedy, and bring the joy of laughter to life's daily happenings.



March 9-14  
Mobile Center, \$599 Dbl/+ \$60 Sgl

**#9237AU Sail On Mobile Bay, Explore Delta; History, Mansions, Music, And More**

Spend a spectacular week exploring rich heritage of Alabama's unique coast. Enjoy afternoon sail on Mobile Bay aboard 72-foot wooden schooner. Take wheel; watch for dolphins, sea, shore birds. View historic Middle Bay Lighthouse as you cruise bay explored by Spanish, French, British. Discuss Fairhope, charming Single Tax Colony, home to noted artists, writers. Board Delta Explorer; discover one of America's largest estuaries, pristine wildlife haven. Visit Blakeley Battlefield. Field trip to view bay's impressive private homes, Mobile's antebellum mansion and 1860 mansion known for its "Iron Lace." Get in swing with instructor's virtuoso performance, recordings. Enhance appreciation, compare sounds, trace history of swing, jazz, and big bands.

March 16-21  
Fairhope, \$569 Dbl/+ \$50 Sgl

**#9511AU Mobile's Marvelous Museums: Bellingrath, Estuarium, USS Alabama, More**

Celebrate the past, look to the future in visits to an amazing array of Mobile's area museums. Study Mobile's antebellum homes and churches and examine historic and cultural influences of their architecture. Discover the history and development of Bellingrath's Museum Home and unforgettable gardens. Move on to Dauphin Island Sea Lab's Estuarium and explore vast arrays of flora and fauna in the Mobile River Delta, barrier islands and Gulf of Mexico. Investigate the Exploreum, a science museum designed for children of all ages. Explore battleship USS Alabama, submarine Drum, and a collection of planes, tanks, and artillery from WWII to present. Walk through the history of this great southern city, Museum of Mobile, and the Mardi Gras Museum.



March 16-21  
Mobile Center, \$559 Dbl/+ \$55 Sgl

**Registration  
Begins  
09/26/07**

**#7766AU Humor And Comedy American Style: American Culture Reflected In Laughter**

Delight in this exploration of humor and comedy. Discuss the origins of humor and what makes us laugh: in theater, on stage, radio, television, and life. Examine humor as truth, therefore recognizable. Trace the beginnings of humor from British and other beginnings to vaudeville and contemporary humor and comedy. Survey burlesque, minstrel shows, tent and Toby shows, the golden and not-so-golden ages of radio, television, and movies. Laugh with America's funny ladies. Discuss differences between humor and comedy, political correctness, regional humor and more. Experience laughter as the best medicine. Explore conflict, the unexpected element in all humor. Learn to recognize the humor in life's ordinary situations and events.

March 30-April 4  
Fairhope, \$539 Dbl/+ \$50 Sgl

**Registration  
Begins  
09/26/07**

*Spotlight - Grand Hotel*



Choose a program at this stunning Alabama resort! Overlooking scenic Mobile Bay, you will enjoy a luxurious escape like no other on the Gulf Coast!

**#14485AU Southern Literature, Russian Composers And Fairhope**

*Southern Literature: Rich And Distinctive Culture And Classics*

Gather cotton (metaphorically), take in the blues, savor soul food, and more, in an exploration of this rich literary gumbo; Faulkner, McCullers, Welty, Williams, Lee, Capote, O'Connor, Walker, others as memorable as the scent of magnolias in spring.

*Russian Composers: From Tchaikovsky to Soviet Realism "With Love"*

Explore major mileposts of Russian music beginning with Tchaikovsky and Rachmaninov, through the Mighty Five, ending with the giants of the early, mid 20th century. Lavish melody and dynamic rhythm form the framework for a musical journey of Russia.

*Fairhope On Beautiful Mobile Bay: History, Architecture, Jubilee! More*

Explore charming bayside Utopian community and its Single Tax Colony. Discover its appeal to nationally known artists, writers. Delight in Jubilee!, a unique Mobile Bay Phenomenon. Field trip reveals distinctive coastal architecture.

January 27-February 1  
Historic Point Clear, \$1,049 Dbl/+ \$256 Sgl

**#13429AU Sailing And Navigation On Spectacular Coastal Bays And Waterways**

Join fellow adventurers aboard the "Joshua" a classic 72-foot wooden schooner. Mobile's official tall ship provides a superb environment for sailing and learning. With the schooner as your classroom, spend an exciting week learning the basics of boating safety, docking, anchoring, rules of the waterway, and planning a trip the smart way. Use navigational charts and information about tides, currents, and wind to plot your course. Take the wheel and feel the thrill of moving with the wind as you sail through spectacular waterways including scenic Mobile Bay. Hoist, trim the sails; practice tacking, jibing; feel the effects of wind direction, speed. Experience this remarkable world as you view dolphins and a variety of sea and shore birds.

March 30-April 4  
Historic Point Clear, \$1,078 Dbl/+ \$256 Sgl



# Intergenerational Adventures 2008

**#14915AU Alligators, Horses, Sea Creatures Too;  
New Adventures Waiting for You!**  
June 22-27  
August 3-8

**Registration  
Begins  
09/26/2007**

**#11233AU Horses, Sunfish, Kayaks, Battleship,  
Gulf Of Mexico, Fort And More**  
July 20-25

## Registering is Easy!

Register for programs using registration information in your Elderhostel catalog or contact the Elderhostel office:  
Elderhostel • 11 Avenue de Lafayette • Boston, MA 02111-1746  
TEL: toll free (877) 426-8056  
(Monday - Friday, 9 a.m.- 6 p.m. EST)  
FAX: (877) 426-2166  
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Photos Courtesy of Shelley Stephens, Kelly Anderson, Mr. and Mrs. Loomis, Mobile.org, Gulf Coast CVB, The Joshua, Louise Myers, and Roland Stead.

**Looking Ahead to 2008**  
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#16053AU Historic Mobile, Musical Styles And Sounds To  
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April 6-11; May 4-9

#16054AU Coastal Religions, Mobile: 300 Years Of Rich  
History, And From Books To Movies  
April 13-18

#9237AU Sail On Mobile Bay, Explore Delta; History, Mansions,  
Music, And More  
April 13-18

#14351AU Hurricane Recovery: Building Homes For The Gulf  
Coast-Biloxi, MS  
April 13-19; April 20-26; April 27-May 3

#11656AU Uniquely Mobile: Charming, Historic, Bayside City  
Of Surprises  
April 20-25

#16055AU Fairhope On Beautiful Mobile Bay, Delta Discovery,  
And A Taste Of Summer  
April 27-May 2

#14321AU Historic Homes, Bellingrath Gardens And Mobile  
History  
April 27-May 2

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